

GUIDANCE AND PLACEMENT SERVICES DIGEST

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This Digest is used to transmit information pertaining to the four program components of the Missouri Comprehensive Guidance Program: Curriculum; Individual Planning; Responsive Services; and System Support to professional school counselors, placement personnel, career and technical school counselors and administrators at all levels throughout the state.

ANNOUNCEMENTS:

PROGRAM FOR CHILDREN OF DEPLOYED FAMILY MEMBERS SCHEDULED

With more than 700,000 children of military families under the age of five separated from their mother or father this holiday season Sesame Workshop, the nonprofit educational organization behind Sesame Street, has responded with a program geared to address the challenges military families face with deployment. The half-hour television special, entitled When Parents are Deployed, will be hosted by Academy Award winning actor Cuba Gooding Jr., premiering Wednesday, December 27 at 9pm ET/PT on PBS.

DECEMBER IS NATIONAL DRUNK AND DRUGGED DRIVING PREVENTION MONTH

Since 1981, every President of the United States has demonstrated his commitment to preventing impaired driving by proclaiming December as National Drunk and Drugged Driving (3D) Prevention Month.

Reducing the incidence of impaired driving requires a comprehensive approach, while recognizing that every community faces different challenges. To see materials and other information about this, go to

<http://www.nhtsa.dot.gov/people/injury/alcohol/StopImpaired/HolidayPlanner/index.htm>

NATIONAL SCHOOL COUNSELING WEEK IS COMING

National School Counseling Week 2007, "School Counselors: Helping Students Reach New Heights," will be celebrated from Feb. 5-9, 2007, to focus public attention on the unique contribution of professional school counselors within U.S. school systems. National School Counseling Week, sponsored by ASCA, highlights the tremendous impact counselors can have in helping students achieve school success and plan for a career.

PROGRAM COMPONENTS:

(From time to time, resources that are brought to our attention through ASCA listservs or other means that could be used as part of a guidance program will be listed here. The readers are encouraged to investigate the resources and decide whether or not they are appropriate for their programs. Listing of these resources does not constitute endorsement by either our section or DESE.)

{CURRICULUM}

CURRICULUM NOW AVAILABLE!!!

The Missouri Comprehensive Guidance Program Curriculum lessons that reflect the newly revised Standards and Grade Level Expectations are now available on the Missouri Center for Career Education (MCCE) website at

<http://missouricareereducation.org/curr/cmd/guidanceplacementG/lessons/index.php>

{INDIVIDUAL PLANNING}

A. RESOURCES AVAILABLE CONCERNING TECHNOLOGY AND ENGINEERING

There is a 38 page document available in either pdf or Word format that notes resources that may be used in working with students interested in Technology and Engineering. To obtain this document, please contact:

Doug Miller, State Supervisor of Technology Education

Phone: (573) 751-7764

Fax: (573) 526-4261

E-mail: W.Doug.Miller@dese.mo.gov

B. INFORMATION AVAILABLE FROM MISSOURI DEPARTMENT OF HIGHER EDUCATION

The Missouri Department of Higher Education sends out a monthly reminder containing reminders and helpful hints about preparing for college. If you would like to receive this reminder or pass it on to parents or students, go to the Missouri Department of Higher Education website to sign-up by using the following link: <http://www.dhe.mo.gov/reminders2.shtml>

The Department of Elementary and Secondary Education does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. Inquiries related to Department programs may be directed to the Jefferson State Office Building, Title IX Coordinator, 5th Floor, 205 Jefferson Street, Jefferson City, Missouri 65102-0480; telephone number 573-751-4581.

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C. MORE FREE INFORMATION FOR FUTURE PLANNING

Mapping Your Future sends out a newsletter each month with free college, career, financial aid, and financial literacy information, tips, and ideas for working with middle and high school students and families. You are welcome to share articles with your students, families, and colleagues. You can get more information by visiting Mapping Your Future at <http://mapping-your-future.org/>. The newsletter is a project of the Mapping Your Future early awareness team.

Counselors and others in the early awareness field may subscribe to the Early Awareness E-News. If you would like to receive it directly in the future, you can subscribe at: <http://mapping-your-future.org/services/awarenessnews.htm>

{RESPONSIVE SERVICES}

REGIONAL RESOURCE CENTERS AVAILABLE

Missouri has expanded its suicide prevention efforts by awarding contracts – on behalf of the Department of Mental Health – to seven agencies that serve as Regional Resource Centers to provide suicide prevention services across the state.

The Resource Centers will engage community partners to develop and implement local strategies, provide public education and training, offer support for survivors, and promote proven practices to help with preventing suicide within their designated service areas. To obtain more information about these centers, go to:

<http://www.dmh.missouri.gov/cps/issues/suicide/ResourceCenters.htm>

{SYSTEM SUPPORT}

A. RESULTS BASED EVIDENCE PROJECTS: (The Guidance Digest, beginning with this issue, will periodically highlight results based evaluation projects. If you have done a project and would like to write up a brief summary of the project, you can then submit it to John Robbins at john.robbs@desse.mo.gov for inclusion in future issues.)

1. Rockwood Valley Middle School (RVMS) in the Rockwood School District conducts groups for students with two or more F's in Core Subjects. Interventions include group meetings on time management & goal setting, setting up individual mentors when necessary, and individual weekly meetings to set goals and reflect on progress. For more information about the groups and information on results they have obtained, contact:

Cathy Westbury, RVMS 8th grade counselor

Phone: 636 458 7324; E-mail: westburycatherine@rockwood.k12.mo.us

2. The Hurley R-I School District conducted an intervention group with teenage girls ages 14-18 that dealt with self-esteem and school achievement. For information on activities used with the group and results, contact:

Julie Winborn, K-12 Counselor, Hurley R-I Schools

Phone: (417) 369-3271 ext 128; E-mail: jwinborn@hurley.k12.mo.us

B. IDEAS TO SHARE WITH PARENTS AND OTHERS ON TALKING WITH TEENAGERS (Taken from TeachingMoments <http://www.teachingmoments.com/>)

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| 1. Be a tour guide in the discussion – don't dominate it | 2. Keep the discussion centered on the topic |
| 3. Promote friendly discussion | 4. Ask open ended questions; |
| 5. Guard against your biases | 6. Debrief your teenager after the discussion |
| 7. Praise and congratulate them | |

CONFERENCES/ WORKSHOPS OF NOTE:

A. MISSOURI SCHOOL COUNSELOR ASSOCIATION (MSCA) SPRING CONFERENCE will be held on Friday March 2, 2007 at the Capitol Plaza Hotel in Jefferson City. Trish Madsen of Kansas City will be introducing "STEP-UP" a female bullying prevention program. Much of what Ms. Madsen will address can also be utilized in situations with boys. For more information, call 1-800-763-MSCA (6722).

B. PATHWAYS TO STUDENT SUCCESS CONFERENCE will be held March 4-6, 2007 at Tan Tar A. Complete conference details will be available in December, 2006. Visit <http://desse.mo.gov/divteachqual/leadership/> for further information.

C. CONFERENCE ON THE YOUNG YEARS will be held March 8-10 at Tan Tar A. For further information, contact Early Childhood Education at 573-751-2095

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